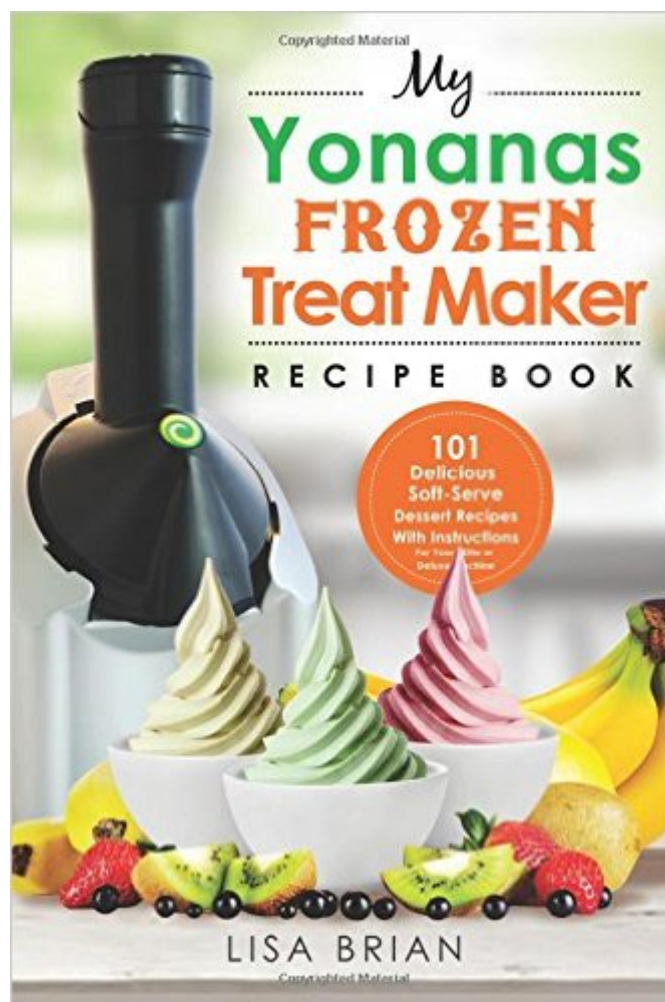


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# My Yonanas Frozen Treat Maker Recipe Book: 101 Delicious Healthy, Vegetarian, Dairy & Gluten-Free, Soft Serve Fruit Desserts For Your Elite Or Deluxe ... And Frozen Dessert Cookbooks) (Volume 1)





## Synopsis

Get a quick start with your Yonanas Frozen Dessert Maker and meet your goals for better health! This book shows you exactly how to make fruit-based soft serve "ice cream" that's dairy-free, gluten-free, sugar-free, and amazingly delicious! The perfect companion book for your Yonanas machine - basic, Elite, Deluxe, or model 901 / 902. LEARN HOW TO: - make delicious soft-serve with your Yonanas like a pro! - get your kids to eat healthy desserts - prepare fruit for freezing - combine fruits for perfect results - use additional ingredients besides just fruit - make 101 gourmet-quality soft serve recipes LEARN TO AVOID: - goopy slushy desserts nobody wants to eat - freezer burned fruits (especially bananas) - bad combinations of fruits Do you own a Yonanas machine? Then this book is for you. All of our recipes and "how to" information are designed specifically for the Yonanas, and to help you with your lifestyle and health goals. Buy today! MONEY-BACK GUARANTEE Free shipping for Prime members

## Book Information

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## Customer Reviews

I have two disclaimers: I was given a free Kindle edition of this book for an honest review, and I also do not own a Yonanas machine. I saw the infomercial years ago and looked at them in the store, but money was and still is tight, and I have enough kitchen appliances as it is. I tried making it in both my blender and processor and the processor worked really well. I have a new one now, but I think the method will work. I am considering getting a Yonanas after reading this. The instructions on the Yonanas and tips look to be really informative and clear, such as what to do when you lose your first

banana? The recipes look good, and the instructions are clear, with one exception where the instructions do not match the ingredients given. There are flavors here that I had never thought of and would like to try. Normally, I make a single serving and don't have extra to store in the freezer. These recipes make multiple servings and sometimes require 12 frozen bananas so you have to think ahead. The ingredients are common ones, and there are many interesting recipes that I would like to try: Bourbon Ice Cream; Zucchini-Lemon Sorbet; Apple Sorbet; Pumpkin Pie Ice Cream; Pistachio Yonanas; Vanilla Avocado Banana; Guinness-Milk Chocolate Ice Cream-but without the cocoa powder since I can't have chocolate; Sweet Corn Ice Cream; Citrus-Mint Sorbet; Cherry-Coconut Ice Cream Sandwiches; RosÃ© Sorbet-but with strawberries or another fruit than raspberries, which I can't have; Lemon Buttermilk Pie Ice Cream; Maple Bacon Ice Cream; Root Beer Barrel Ice Cream; Watermelon Ice Cream. I also got a good tip for how to assemble Neapolitan Ice Cream, and I had been thinking about doing it with different flavors, but as a terrine, with the different flavors layered flat.

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